

Look and Listen Scavenger Hunt

Scavenger Tip!

As you walk around the Route to Health see how many of these things you can find, just tick the boxes as you come across them.

These items could be found anywhere in the wood. It may help to explore a little off the track, but make sure that whoever you are with knows where you are and can see and hear you.



South Staffordshire
Primary Care Trust



Something
Taller Than
Yourself



Bird Song



A Prickly
Leaf



A Seed or
Nut



A Spiral



PENKRIDGE ROAD

CAR PARK

FOREST

ROUTE TO HEALTH

FOREST

FOREST

PLAY AREA

SHOP

TOILETS



Key for Map

- Route to Health Start
- Route to Health Finish
- Rest Areas

Next Time - Why not do your own list of things to find. Your list could include letters of the alphabet, different shapes, colours or sounds.